

Our Pledge to Children and Young People



We will listen to you and help you to have your say.



We will help you to stay in touch with people who are important to you.



We will keep you safe and help you to keep yourself safe.



We will help you to have fun and try new things.



We will help you to celebrate your culture, identity and individuality.



We will help you to be healthy and emotionally well.



We will support you to do your best in school or college.



We will help you to be ready for your future.

We will listen to you and help you to have your say.



- We will ask you how you are getting on living with your carer, and you can tell us at any time anything you want us to know.
- If you are worried or unhappy about something, we will arrange for someone to come and speak to you to help you sort out your concerns.
- We run regular groups to involve young people in the agency and where we ask your view on what we are doing.
- Our social workers and our Education and Support Service are there to help you get your point of view across. If you need to contact them, these are the numbers: 0191 257 6806 (North East) or 0114 261 7762 (Yorkshire and East Midlands). You can also email us at info@teamfostering.co.uk
- We will get back to you with answers to your questions or concerns as soon as possible.

We will help you to stay in touch with people who are important to you.

- We will work with your social worker to make arrangements for you to keep in contact with your friends and family.
- If you are missing your friends, we will work with your foster carer to see if there is a way for you to meet up.
- If you are unhappy about family time, or would like something changed, we will help you raise this with your social worker.
- If it is not possible for you to stay in touch with someone, we will try our best to explain the reasons why.



We will keep you safe and help you to keep yourself safe.



- We will provide you with a safe and loving home.
- We will listen to you and respond if you tell us you don't feel safe, wherever that may be.
- We can give you information to help keep you safe, both online and in your community.
- We will support your carers with training and supervision to make sure you are getting the best possible care.

We will help you to have fun and try new things.



- We will provide a range of activities and regular groups and will help you to feel welcome when you come along.
- Some of the activities we organise may encourage you to try new things, with people there to support you.
- We will organise an annual holiday where you can meet other families who are part of Team Fostering.
- We are always pleased to hear your ideas and suggestions for future activities and events.
- Through the Peter Richardson fund we can provide funding for you to take part in new activities, go on some school visits or take up a new hobby.

We will help you to celebrate your culture, identity and individuality.

- We strive to make sure that everyone is treated fairly and is valued and respected for who they are.
- We will find out about you as an individual, so that we are better placed to meet your particular needs.
- We will ensure your carers understand what is important to you, for example your culture and background. We will help you not to lose touch with what is important to you and who you are.
- We will value you and understand your uniqueness. We will make sure that you can celebrate your language, religious holidays, other important events and what is special about you.



We will help you to be healthy and emotionally well.



- Our foster carers will make sure you are registered with a doctor, dentist and optician and they will support you to attend your appointments.
- We will help you to make healthy choices, to eat healthily and maintain a balanced diet.
- We will help you to be active and get involved in sports and activities that you enjoy.
- We will help you to understand and manage your emotions and will be there for you if you are having a difficult day.
- We will help you to recognise and celebrate your strengths and achievements.

We will support you to do your best in school or college.



- We will work with you to ensure you have a good education or training placement.
- We will help you take part in your meetings in school or college and will help you if things are not going well.
- We can give you support if you have learning gaps which are causing you issues in education.
- We will help you make applications for college, apprenticeships, university or work.

We will help you to be ready for your future.

- We will provide training for your foster carers so that they can support you to move positively into independence.
- We will provide a life skills worker to help you develop the skills you need for your future.
- We will promote and encourage 'Staying Put' where appropriate.
- We can provide financial support to help you prepare for your future through the Helen Middleton fund. Examples of support could include help towards the cost of driving lessons or furniture for a new flat.



Do you have any questions?



Please look at our Children and Young People's guide to find full details about how Team Fostering can support you.